

NIV Bible Verses from the Book of... Ephesians

You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; **to be made new in the attitude of your mind**; and to put on the new self, created to be like God in true righteousness and holiness.

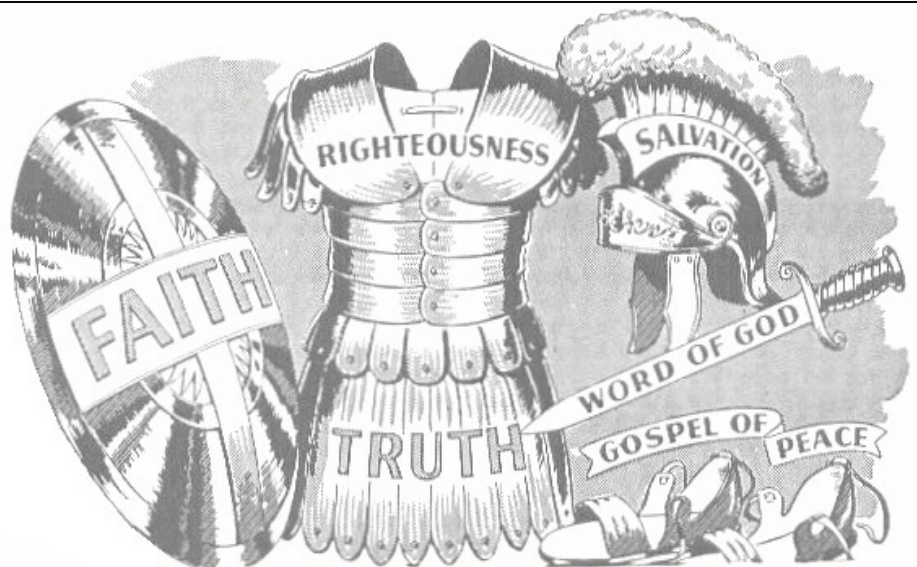
Therefore put off falsehood and **speak truthfully** to your neighbor. In your anger do not sin. Do not let the sun go down while you are still angry, and **do not give the devil a foothold**.

He who has been stealing must steal no longer. Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, **that it may benefit those who listen**.

Do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Be imitators of God as dearly loved children, and **live a life of love, just as Christ loves us**.

Be strong in the Lord and in His Mighty Power. Put on the Full Armor of God so that you can take your stand against the devil's schemes.

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.




Therefore **put on the Full Armor of God**, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

Stand firm then, with the **Belt of Truth** buckled around your waist, with the **Breastplate of Righteousness** in place, and with your feet fitted with the readiness that comes from the **Gospel of Peace**.

In addition to all this, take up the **Shield of Faith**, with which you can extinguish all the flaming arrows of the evil one. Take the **Helmet of Salvation** and the **Sword of the Spirit**, which is the **Word of God**.

And **Pray in the Spirit** on all occasions with all kinds of prayers and requests. With this in mind, be alert and **always keep on praying** for all the saints.

3 SOS Ministries, Inc. * P.O. Box 1425 * Grand Rapids, MI 49501
www.3SOS.org * phone: (616)299-3466


Recovery thru Redemption
Alcohol and Drug Addiction
Recovery and Support Groups